## **Cognitive Control: Modulating Conflict Between Competing Responses**

Thesis presented

by

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to

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#### Abstract

This thesis investigated modulation of cognitive conflict using variants of the face/name Stroop task and electroencephalogram (EEG) measures. Behavioural analyses throughout four experiments focused on reaction times (RT) and accuracy (%). EEG analyses focused on evoked upper alpha event related desynchronisation (ERD) and event related synchronisation (ERS) to assess facilitation and inhibition effects respectively. The principal focus of investigation was whether cognitive conflict is resolved through facilitation, inhibition or both.

Paper 1 used EEG to re-examine findings of an fMRI blocked design face/name Stroop task study which indicated that facilitation alone, without any input from inhibition, resolves cognitive conflict. EEG results convincingly demonstrated that both temporal facilitation (alpha ERD) and inhibition (alpha ERS) take part in resolving cognitive conflict.

Paper 2 used the same stimuli as in blocked task in Paper 1, but, this time arranged in event related rather than blocked design, failed to replicate Paper 1 behavioural and evoked upper alpha ERD and ERS findings, revealing that cognitive control is not a single entity and is heterogeneous process highly sensitive to processing demands.

Paper 3 separated processes involved in modulating perceptual conflict from response conflict again utilising the face/name Stroop task. Participants first viewed the stimulus, which was then followed by the cues instructing them to respond to either face or name. Results demonstrated a particularly robust Stroop interference effect, but, as in Paper 2, provided evidence of multiple, context dependent processes in the temporal resolution of cognitive conflict.

Paper 4 focused on cross validating evoked upper alpha ERD and ERS as measures of facilitation and inhibition using the face/name Stroop paradigm in both go/no-go and oddball tasks. EEG results supported the present use of alpha ERD and ERS as measures of facilitation and inhibition; however, results were more persuasive for alpha ERS than alpha ERD.

EEG evidence suggested that the temporal resolution of cognitive conflict involves both facilitatory and inhibitory processes in a context dependent manner. Control processes in the simple Stroop compared to the Gratton effects appear to operate independently. Study design parameters (event related versus blocked paradigm) and the temporal resolution of neurophysiological measures (EEG versus fMRI) are critical in detecting specific *within task set* or *between task sets* cognitive control effects. Cognitive control cannot be viewed as a singular central resource which is applied in the same way across diverse contexts with differing, specific processing demands.

*Key words:* conflict, cognitive control, Stroop, Gratton effect, facilitation, inhibition, top down, bottom up, fMRI, EEG, PDP model, evoked upper alpha, ERD, ERS, ACC, PFC, FFA, blocked, event related design, task switching, go/no-go, oddball task

## **Statement of Original Authorship**

I certify that the substance of this thesis has not already been submitted for any degree and is not currently being submitted for any other degree or qualification.

I certify that any help received in preparing this thesis and all sources used have been acknowledged in this thesis.



October 2009

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### **Thesis Format**

This thesis conforms to a journal article format as an alternative to the traditional thesis currently in use in the Discipline of Psychology at UNE. In this format quality journal manuscripts suitable for submission to a peer-reviewed journal are bound together and bracketed by overall introduction and conclusions. Since Papers are linked and provide their own introductions and discussions, bracketing sections are brief.

In the body of the thesis, if a reference contains more than two authors it is referenced as first *Author et al* to minimise disruption to the flow of the text and to save resources.

Following guidelines, a consolidated list of references for all chapters is included.

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