9. Y-Chart

Aim: The Y-Chart is a versatile reflective tool that can be used with any given topic. They are useful for learning about how we see the *current state* of our practice in general or any given topic or situation. Conversely they can be used to learn about our *vision* or goals.

Select from the suggested topics or create a topic
Current state
The current state of my practice as a .... looks like, sounds like, and feels like.
The current state of my mentor practice looks like, sounds like, and feels like.
Mentoring at our school looks like, sounds like, and feels like.
Our homeroom group looks like, sounds like, and feels like.
The current state of my relationship with .... looks like, sounds like, and feels like.

Vision
My practice will look like, sound like, and feel like.
The ideal teacher looks like, sounds like, and feels like.
The ideal mentor looks like, sounds like, and feels like.
Trust in a relationship will look like, sound like, and feel like.
I would like the relationship I have with .... to look like, sound like, and feel like

Instructions

Group members individually complete the Y- Chart data collection sheet. Use words or brief phrases to describe how the topic looks, sounds and feels like.

- Looks like: what does the person's body language look like? Is a concrete observation but they can be more *abstract* like "determined" or *implied* "a good role model"?
- Sounds like: type of conversations which could be used.
- Feels like for example: we have tactile as well as emotional, spiritual feelings. How does the person make us feel? The atmosphere in the staff room, staff meeting or on bus duty. Do I feel equal, heard, supported by my colleagues?

Group Reflection

Share and discuss the findings from the Y-Charts with others in the group.
Elaborate upon the word lists to include specific examples.

Alternately the word lists can be co-constructed by the members of the group.

Ideas for individual reflection

Y-chart can be completed individually, writing responses into a reflective journal.

Further Reflection and/or discussion

Do two Y-charts one for the *current state* and one a *vision* for the same topic.
What is the gap between the two? Create a plan of action to bring the two closer in line with each other.

TOPIC ....

Looks Like

Sounds Like

Feels Like